

WINE RESORT

# Natural SPA



# MASSAGES

## Anti-stress massage

An embracing and emollient massage, it exploits the various manual techniques that are used according to the person's needs to create a customised treatment.

50 min - € 95,00

#### Lymphatic Drainage Massage

Reactivates blood circulation and the parasympathetic nervous system. Promotes the drainage of lymph fluids from the tissues. 50 min - € 95,00

## **Candle Massage**

Massage with fragrant butters and oils for an embracing and pleasant feeling of well-being.

> 50 min - € 100,00 Recommended for couples € 190,00

## Yoga Lift Massage

Stimulates elastic fibres, muscles and connective tissue for the rejuvenation and natural recovery of the skin. Osteopathic massage recommended as a one-time treatment. 60 min - € 95,00

#### Therapeutic Massage

A series of manoeuvres performed with the hands that benefit areas of the body where pain is felt, to relax muscles or tone tissues. Massage stimulates the circulatory and lymphatic systems, eliminates toxins resulting in the production of endorphins that cause psycho-physical balance and powerful analgesic activity. 50 min - € 95.00

## Localised Massage

*Face, foot or back.* 30 min - € 50,00 / 60 min - € 100,00

# BODY TREATMENTS

## Clay wrap

Organic ventilated green clay wrap and herbal blend that drains. 30 min - € 40.00

# Draining bandage

Hydrosaline fluid

Based on Dead Sea water and officinal plant extracts, it is indicated for the specific imperfections of cellulite.. 45 min - € 50,00

## Reducing Bandage Phyllacantha Slim fluid

Phyllacantha algae act on the metabolism of adipocytes, reducing fat accumulation. The slimming fluid is a concentrated lotion with a base of Dead Sea water and extracts of Guarana, Orthosiphon, Fucus and Pineapple, with a marked draining and osmotic action.

45 min - € 55,00

# **Detoxifying Exfoliation**

Based on Cervia salt Draining 30 min - € 40,00

# Body Scrub

# Illipe Quartz

Promotes circulation, moisturises and has a strong emollient power, leaving the body skin particularly soft and velvety. 30 min - € 40,00



# RITUALS

## Taste of the Orient Papaya body treatment

Delicate scrub with salt, papaya and coconut flakes, with draining and toning powers. Papayascented massage, it slows down skin ageing and has a repairing action thanks to the rose moshata. Indicated for dry skin and for preparing for sun exposure.

60 min - € 110,00

## Honey Pampering Purifying, regenerating, moisturising and softening.

A rich and almost overwhelming ritual, a true explosion of the senses that makes you want to taste the formula for how seductive it is! The sensation of embracing well-being is further amplified by the pack based on of the delicious organic shea mousse, organic jojoba oil and organic honey, sweetly scented and rich in nutrients and moisturising substances. Moisturised and regenerated skin, silky and velvety touch, body and soul in ecstasy!

65 min € 110,00

# WINETHERAPY

#### Wine Toning Massage

Perfect for deflating and firming, it acts on the most superficial tissue of the skin, helping to eliminate water retention. Its action is aimed at reactivating blood microcirculation. Performed with oil from grape seeds from our estates. Includes a mini-cleansing.

50 min - € 95,00

## **Body Peeling**

Exfoliation with sweet Cervia salt ground in a mortar, vitis vinifera leaves harvested in our vineyards, essential oils and organic grape seed oil. Renews and nourishes the skin.

30 min - € 50,00

# BORGO RITUAL

Indulge in the regenerating properties of grapes, ancient elixir of beauty.

- · Gentle exfoliation with must and grapes.
- · Aromatic wine bath with antioxidant properties.
- · Reactivating grape-seed oil massage.

A sensory experience that includes tasting of a glass of wine. 80 min - € 140,00 € 280,00 for the couple

# OILTHERAPY

# **Olive Oil Body Ritual**

The oil leaves the skin soft, radiant and nourished. It is rich in vitamins and antioxidant substances, plus sensory stimulation for an anti-stress effect on body and mind that creates a pleasant feeling of well-being and leaves the skin pleasantly scented.

- · Salt and oil scrub from our estates with facial application and pressure digito.
- · Aromatic bath with olive leaves.

Reactivating massage with olive oil cream.
1 free bottle of Condé Olive Oil
80 min - € 140,00
€ 280,00 for the couple

### **APPOINTMENTS**

To give you the opportunity to take advantage of the desired treatments, please reserve them as far in advance as possible. You can dial 900 from your room.

#### MASSAGES AND TREATMENTS

To avoid any inconvenience, please observe the appointment times. In the event of a delay, the duration of the treatment may be shortened so as not to penalise the next guest. Treatments may be cancelled up to 24 hours before the agreed time. Cancellations after this time will be charged at 50%. Our staff will be at your disposal if you need clarification or help with any problems. We ask you to scrupulously observe these rules and remind you that failure to do so will result in your dismissal from the SPA.

RELAX

We ask all guests to have an attitude consistent with our commitment to provide you with relaxation and harmony. Please use a moderate tone of voice at all times and avoid the use of mobile phones. Access to the herbal tea area, on the first floor, is permitted only in bathrobe and slippers.

#### HYGIENE AND SAFETY

For reasons of hygiene and safety, it is compulsory to use slippers and to take the utmost care not to slip. Guests may enter the SPA wearing the bathrobe and slippers provided on arrival or change in the changing rooms next to the SPA, which are equipped with lockers. If you use a locker, please do not lose the key and return it at the end of your stay (you can hand it in at Reception or to the spa staff). We ask you not to dive into the pool, but to use the steps for both entry and exit. For obvious reasons, we ask you not to consume food or drinks in the SPA and not to use glasses or glass bottles.

## CHILDREN

Entry is only permitted if over the age of 12 and accompanied by parents or an adult. We do not recommend Turkish baths and saunas for children under 16 years of age. Parents are requested to look after their children and make sure they respect the tranquillity of the place.

#### PREGNANCY

The spa and massages do not in themselves constitute a contraindication to pregnancy if it takes place in a physiological manner. As a precaution and to avoid unpleasant sensations, bathing should last no longer than ten minutes. An adequate period of relaxation and hydration should follow each bath. Turkish baths and saunas are contraindicated.

